

| Maandag | Veld A | Veld B | Veld C | Veld D | Veld E | Gymzaal Offenbeek | Gymzaal Beesel |
|---------------|---------|---------------|---------------|---|--------|----------------------|----------------|
| 15.30 - 16.00 | | | | | | | |
| 16.00 - 16.30 | | | | Niveau 4-5 meisjes | | | |
| 16.30 - 17.00 | | | | | | | |
| 17.00 - 17.30 | | | | Niveau 5/6 jongens | | | |
| 17.30 - 18.00 | | | | | | | |
| 18.00 - 18.30 | | | | | | | |
| 18.30 - 19.00 | | | | | | | |
| 19.00 - 19.30 | | | | | | | |
| 19.30 - 20.00 | | | | | | | |
| 20.00 - 20.30 | | | | | | | |
| 20.30 - 21.00 | | | | | | | |
| 21.00 - 21.30 | | | | | | | |
| 21.30 - 22.00 | | | | | | | |
| 22.00 - 22.30 | | | | | | | |
| Dinsdag | Veld A | Veld B | Veld C | Veld D | Veld E | Gymzaal Offenbeek | Gymzaal Beesel |
| 15.30 - 16.00 | | | | | | | |
| 16.00 - 16.30 | | | | | | | |
| 16.30 - 17.00 | | | | | | | |
| 17.00 - 17.30 | | | | | | | |
| 17.30 - 18.00 | | | | MB1 & MB2 | | | |
| 18.00 - 18.30 | | Meisjes C 1-3 | Meisjes C 1-3 | | | | |
| 18.30 - 19.00 | | | | | | | |
| 19.00 - 19.30 | | Dames 2, 3 | | Meisjes A1 + A2 + Dames 4 | | | |
| 19.30 - 20.00 | | | | | | | |
| 20.00 - 20.30 | | | | | | | |
| 20.30 - 21.00 | Heren 1 | Dames 1 | Heren 2 | | | | |
| 21.00 - 21.30 | | | | | | | |
| 21.30 - 22.30 | | | | | | | |
| 22.00 - 22.30 | | | | | | | |
| Woensdag | Veld A | Veld B | Veld C | Veld D | Veld E | Gymzaal Offenbeek | Gymzaal Beesel |
| 15.30 - 16.00 | | | | instroomgroep & tijdelijke extra training niveau 2- 314.45-15.45 | | | |
| 16.00 - 16.30 | | | | | | | |
| 16.30 - 17.00 | | | | | | | |
| 17.00 - 17.30 | | | | | | | |
| 17.30 - 18.00 | | | | | | | |

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| 18.00 - 18.30 | | | | | | | |
| 18.30 - 19.00 | | | | | | | |
| 19.00 - 19.30 | | | | | | DVT 3 | |
| 19.30 - 20.00 | | | | | | | |
| 20.00 - 20.30 | | | | | | | DVT1 |
| 20.30 - 21.00 | | | | | | | |
| 21.00 - 21.30 | | | | Heren 3/4 | | | |
| 21.30 - 22.00 | | | | | | | |
| 22.00 - 22.30 | | | | | | | |
| Donderdag | Veld A | Veld B | Veld C | Veld D | Veld E | Gymzaal Offenbeek | Gymzaal Beesel |
| 15.30 - 16.00 | | | | | | | |
| 16.00 - 16.30 | | | | | | | |
| 16.30 - 17.00 | | | | | | | |
| 17.00 - 17.30 | | | | | | | |
| 17.30 - 18.00 | | | | | | | |
| 18.00 - 18.30 | MB1 | MA1 | | | | | MA2 |
| 18.30 - 19.00 | | | | | | | o.v. na zomervakantie |
| 19.00 - 19.30 | | | Dames 4 | | | | |
| 19.30 - 20.00 | Heren 2 | Dames 1 | | | | | |
| 20.00 - 20.30 | | | | | | | |
| 20.30 - 21.00 | | | Heren 1 | | | | |
| 21.00 - 21.30 | Dames 2 | Dames 3 | | | | | |
| 21.30 - 22.00 | | | | | | | |
| 22.00 - 22.30 | | | | | | | |
| Vrijdag | Veld A | Veld B | Veld C | Veld D | Veld E | Gymzaal Offenbeek | Gymzaal Beesel |
| 15.30 - 16.00 | | | | | | | |
| 16.00 - 16.30 | | | | | | | |
| 16.30 - 17.00 | | | | | | | |
| 17.00 - 17.30 | Jongens CMV | | CMV 2-3 | | | | |
| 17.30 - 18.00 | | | | | | | |
| 18.00 - 18.30 | CMV 4-5 Meisjes | C1-2-3 | | | | | extra training |
| 18.30 - 19.15 | tot 19.15 | tot 19.15 | | Tot 19.00 | Tot 19.00 | | D4/A1 A2/B1 o.v. na zomervakantie |
| 19.00 - 19.30 | Vanaf 19.15 handbal | Vanaf 19.15 handbal | Vanaf 19.15 handbal | MB2 | | | |
| 19.30 - 20.00 | | | | | | | |
| 20.00 - 20.30 | | | | | | | |
| 20.30 - 21.00 | | | | VTG | DVT 2 | | |

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|---------------|-----|--|--|--|--|--|--|
| 21.00 - 21.30 | HVT | | | | | | |
| 21.30 - 22.00 | | | | | | | |
| 22.00 - 22.30 | | | | | | | |
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